

# PIZZA 10" Thin Crust

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**CHEESE PIZZA 12**  
Four types of cheese

**MEAT LOVERS 15**  
Pepperoni, bacon & ham

**LOADED 18**  
Pepperoni, bacon, ham, red onions, red pepper & mushrooms

# TAKE OUT MENU



TO GO ORDERS BEFORE 8PM  
PICK UP ONLY

(250) 539-5725

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# APPITIZERS

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## GARLIC TOAST 4

Four pieces ciabatta with house garlic butter

## HOME STYLE FRIES 6

Seasoned to perfection

## YAM FRIES 8

Served with chipotle mayo

## CRISPY ONION RINGS 10

## CHICKEN STRIPS AND FRIES 14

Served with sweet chilli sauce

## CALAMARI 14

Flash fried, seasoned with salt, pepper and chilli flakes

Served with a lemon wedge and tzatziki

## 1LB CHICKEN WINGS 14

Served with ranch dip choose from:

Dante's Inferno (Very Hot), Hot, Sweet chilli, Honey Garlic Salt & Pepper, Lemon & Pepper, Honey mustard, Teriyaki, BBQ or Plain

## BOWL OF EAST COAST FISH CHOWDER 18

Gluten free, served with garlic toast

## FEATURE SOUP (BOWL ONLY) 10

# OCEAN & SALADS

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## FISH & CHIPS

All fish & chips are served with house made coleslaw & tartar sauce

Cod 1 piece 14 • Cod 2 piece 16

## GREEN SALAD 13

Mixed greens, tomatoes, & cucumber

## CAESAR SALAD 15

Romaine hearts, crispy bacon, capers, croutons & house mad dressing

## SATURNA COBB SALAD 20

Mixed greens, tomato, cucumber, chicken, bacon bits, hardboiled egg, blue cheese, goat cheese

## ADD TO ANY SALAD

Chicken or prawns 10 salmon 10 Halibut 13 calamari 10

# SANDWICHES

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All sandwiches are served with fries or green salad

Sub onion rings, soup, Caesar or yam fries with chipotle mayo 3.5  
or gluten free bun 2

## GRILLED CHEESE 13

With 2 slices of cheddar and a slice of Swiss on multigrain bread

## BLT 14

4 slices of bacon, lettuce, tomato & garlic aioli on multigrain bread

## BREAKFAST BLT 15

2 eggs over hard, 4 slices of bacon, lettuce, tomato & garlic aioli on multigrain bread

## CHICKEN BLT 18

Grilled chicken breast, 4 slices of bacon, lettuce, tomato, cheddar & garlic aioli on ciabatta bread

## BEEF DIP 19

AAA sliced beef, garlic aioli & caramelized onions on a ciabatta bun with au jus

# BURGERS

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All burgers are served with fries or green salad

Sub onion rings, soup, Caesar or yam fries with chipotle mayo 3.5  
or gluten free bun 2

## THE NEPTUNE 16

Beer battered cod with tartar sauce and coleslaw on a ciabatta bun

## THE CLASSIC LOCAL LAMB 18

Local lamb topped with goat cheese, kalamata olives & tzatziki on a pretzel bun

## THE ARIEL 19

Salmon fillet with garlic mayo a pretzel bun

## THE BIG BLUE 20

Beef patty, blue cheese, bacon, sautéed mushrooms, sautéed onions with garlic mayo & pickles on a pretzel bun

## BIG TEXAS BURGER 24

2 beef patties, Swiss, Tex Mex cheese, 4 slices of bacon, sautéed mushrooms, Jalapeño peppers, garlic mayo & pickles on a sesame bun